

Hot Topics

September 2022-September 2023

Month	Title	Developmental Outcome	Mode of Delivery	Personal Development & Wellbeing
September 2022	<p>Side by Side safeguarding modules.</p> <ul style="list-style-type: none"> • Radicalisation and Extremism • Staying Safe Online • Who you can trust? • British Values <p>Safeguarding contact list</p> <p>Safeguarding Policy</p> <p>Keeping our apprentices safe</p>	Developing responsible, respectful, and active citizens.	<p><u>Safeguarding contact list</u></p> <p><u>Safeguarding policy.</u></p> <p><u>Keeping our apprentices safe</u></p>	<p><u>Managing stress</u></p> <p><u>Remote leadership - managing stress</u></p>
October 2022	Be Safe – Prevent (Extremism and Radicalisation)	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<p><u>Physical wellbeing</u></p> <p><u>Setting up your environment</u></p>
November 2022	Be Safe - Peer on Peer abuse	Developing an understanding of healthy relationships and sex education.	<u>Resource</u>	<p><u>How to look after your mental health</u></p> <p><u>Managing uncertainty.</u></p>
December 2022	Careers Advice	Developing knowledge on further study opportunities and careers	<u>Resource</u>	<p><u>Later life</u></p> <p><u>HR resources</u></p>

January 2023	Wellbeing and Mindfulness	Developing learners 'confidence, resilience and knowledge and keeping mentally healthy	<u>Resource</u>	<u>Reduce stress</u> <u>How to be resilient</u>
February 2023	Gambling Awareness	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Look after your mental health using exercise</u> <u>Communicating during a crisis</u>
March 2023	Childproof your Device	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Sleep better</u> <u>Listening and responding</u>
April 2023	Equality and Diversity	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Mindfulness</u> <u>Managing your emails</u>
May 2023	HR Legislation	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Mental health at work</u> <u>Flexible working toolkit</u>

June 2023	Managing Debt	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>5 steps to mental wellbeing</u> <u>9 tips on Managing your time</u>
July 2023	Modern Day Slavery	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Exercises</u> <u>Leadership styles</u>
August 2023	What is Resilience?	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Mindset & resilience</u> <u>Planning for hybrid working</u>
September 2023	County Lines	Developing responsible, respectful, and active citizens.	<u>Resource</u>	<u>Supporting Our Apprentices To Thrive Through The Crisis</u> <u>Flexible working requests</u>