

# ONLINE SAFETY



The internet is a huge source of information and means of communication. It's important to know that not all sources are trustworthy - here's a helpful guide on how to stay safe online.

**S**

## STAY SAFE

Don't give out your personal information to people, companies or places you don't know or trust.

**M**

## DON'T MEET UP

Meeting someone you have only been in touch with online can be dangerous. Always check with someone else that you trust.

**A**

## ACCEPTING FILES

Accepting emails, files, pictures or messages from people you don't know can cause problems.

**R**

## RELIABLE

Always check information and their sources before you believe it. Is the person or website telling you the truth?

**T**

## TALK

Tell someone if someone or something makes you feel worried or uncomfortable about what you have shared online.